



## Viking Volleyball Team Camper Registration

\$150.00 Checks made out to Viking Volleyball

Camper: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Sizes (Adult) Tank Top: XS S M L XL XXL

### RELEASE AND WAIVER OF LIABILITY

It is recommended that all participants carry their own insurance coverage, as camp does not provide it. Each participant is assumed to be voluntarily performing activities for which she/he assumes all risks, consequences and potential liability. I, the undersigned, certify that my child is in good health and able to participate in this event. I agree to hold harmless the District, School, and directors of the *Pleasant Valley Volleyball Camp* from any and all claims by reason of an accident, illness, injury, death or other consequences arising or resulting directly or indirectly from participation in the camp. I fully understand the scope of these activities and voluntarily sign this form.

## Viking Volleyball

Our Viking Team Camp is designed to teach the systematic style of play that all three levels of teams offered at PVHS use to compete with in CIF competition. Campers will be preforming and competing in match like activities designed to use our philosophy and style of play. Campers will also be taught volleyball techniques used with in the Viking system to execute our offensive and defensive systems. Camp is designed for campers wanting to learn the Viking Volleyball program way of performing for its teams.

- 21 EAL Titles
- 22 NSCIF Championships
- NSCIF Player of the year 2013, 2014, 2015, 2016, 2018, & 2019

We pride our selves on our teaching of individual skills, and our player development concepts through out a player's high school experience.

Viking Volleyball is hosting this its annual Team & youth camp in attempt to raise needed funding for the 2022 CIF seasonal needs.

***"Be more concerned with your character than with your reputation. Your character is what you really are while your reputation is merely what others think you are. "***

***- John Wooden***

## Viking Volleyball Team Camp 6th-12th Grades

Each day Varley Gym will be open for drop off of campers at 7:30am, and please have all campers picked up by 4:05pm. Campers should be dressed in athletic clothing, and tennis shoes. Water and bathrooms are available, but no training services are provided. No lunch is provided, and campers are allowed to walk off campus.

### Daily schedule

8:00am Camp Begins-Coach Mitchell

8am-12pm Individual Skill Training:  
-Passing, Setting, Serving, Spiking  
-Digging, & Blocking

12-1pm Lunch on your own

1-4pm Team System Training:  
-Offense & Defense

4:00pm Camp Closure - Mitchell

## Contact Us

### Viking Volleyball

1475 East Ave  
Chico, CA 95926

530-891-3050 etc #31311  
[jmitchell@chicousd.org](mailto:jmitchell@chicousd.org)

Visit us on the web:  
[www.pvhs.chicousd.org](http://www.pvhs.chicousd.org)  
Instagram: [pvikingvolleyball](https://www.instagram.com/pvikingvolleyball)

## Tradition is Learned Viking Volleyball

### Eastern Athletic League Titles

90, 91, 92, 93, 94, 96, 00, 01, 02,  
04, 06, 07, 09, 10, 13, 14, 15, 16,  
17, 18, 19

### Northern Section Championships

90, 91, 92, 93, 94, 96, 00, 01, 02,  
04, 06, 07, 09, 10, 13, 14, 15, 16,  
17, 18, 19, 21



*"Never try to be better than  
someone else. Learn from other, and  
try to be the best you can be.  
Success is the byproduct of that  
preparation"*

-John Wooden



## Viking Volleyball

### Annual Team Camp

June 6th through 8th, 2022